



WalkBoston

summer reading

Summer is here. What better way to enjoy the good weather than walking? Let this list be your excuse to get out and explore your neighborhood, city, and state!

Discover Boston by Foot: learn where scenic walking routes are located in Boston

- [WalkBoston: Walking Tours of Boston's Unique Neighborhoods](#). A book of 30 urban walking tours in and around Boston created by WalkBoston members. Detailed maps, directions and transit connections.
- [City Walks: Boston: 50 Adventures on Foot](#) by China Williams. No time to read? This *book* is actually a deck of cards with a walking map listing local sites each card (the series also covers New York and Paris).
- [Boston Foot Notes: A Walking Guide](#) by Jane Grossman and Felice Yager. Great for locals and visitors, this book gives suggested walks in Boston filled with funny historical anecdotes.
- [The Complete Illustrated Guidebook to Boston's Public Parks and Gardens](#) by Richard Berenson and Jon Marcus. Rediscover Boston's Emerald Necklace and green spaces outside of Boston with this rare gem best found at your local library.
- [Car-Free in Boston](#). This helpful guide shows you don't need a car to explore Boston and neighboring communities.

Joyful Walks: read about walking adventures and explorations

- [A Walk in the Woods: Rediscovering America on the Appalachian Trail](#) by Bill Bryson. This hilarious book describes the history, the beauty, and amusing stories found only on the Appalachian Trail!
- [Meditations: A Light in the Woods](#) by Henry David Thoreau. Thoreau's writings are perfect whether you are exploring sites at Concord or any nature trail.
- [Outside Lies Magic](#) by John Stilgoe. Discover the richness of everyday places with this Harvard professor.

Healthy Walking: read how walking provides free and effective exercise

- [The Complete Guide To Walking for Health, Weight Loss, and Fitness](#) by Mark Fenton. Learn how to walk yourself to improved health from a walking expert!

Urban Planning: learn how to make our communities more pedestrian-friendly

- [The Death and Life of Great American Cities](#) by Jane Jacobs. Armed with common sense, Jacobs argues that large developments can do more harm than good.
- [The Option of Urbanism: Investing in a New American Dream](#) by Christopher Leinberger. Learn how America got too car-dependent and how it can once again become more walkable.
- [Carfree Cities](#) by J. H. Crawford. This book gives practical advice on how cities can encourage walking and public transit as common modes of transportation.